

Dying Matters Awareness Week

The way we talk about dying matters.

[Dying Matters Week www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week](http://www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week)

The 2024 theme is 'The way we talk about dying matters'

EVENTS

Take a look at the list of [events happening in the West Midlands](#), with a list of things to join in with in the area.

www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week/events

Everything from poetry competitions (SWFT), the Dead Good Death Festival (Coventry) to events at our local hospices (Myton and Mary Ann Evans).

There's also a wealth of [online events](#) happening.

www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week/events

From webinars on language for health care professionals to how to deal with your digital memories, there's something for everyone.

RCN Dying Matters: Seth's Legacy - online event 7th May 6-7.30pm www.rcn.org.uk/news-and-events/events/dying-matters-seths-legacy-070524



Tell It To The Bees (Dying Matters) is Performance Storytelling and Live Original Music brought to you by Warwickshire Public Libraries.

A playful earthy performance about death, loss and remembering. Inspired by the old habit of telling the hive of a death. Tell it to the Bees (Dying Matters) weaves together wonder and folk tales, true life accounts and encounters with bees both in folklore and the natural world.

Find out more and book your free tickets on Eventbrite:

Nuneaton Library - Weds 8th May 2.30pm

Rugby Library - Fri 10th May 2.30pm

Dying Matters

THE POETRY PHARMACY

SWFT CHARITY
Sprinkle Some Magic

William Sieghart has taken his Poetry Pharmacy around the length and breadth of Britain, into the pages of the Guardian, onto BBC Radio 4 and onto the television.

On Tuesday 7th May 2024 at 1pm as part of 'Dying Matters Awareness Week' William will be honing his prescriptions and bringing them to the Chapel at Warwick Hospital.

Refreshments Available

William will also be judging & presenting the Palliative Care Main Poetry prizes

The event is free, but please register your interest for this event, stating your preference for joining in person or online.
Via QR code or ext:8298

Local bookstore 'Warwick Books' will be here and will kindly be donating a percentage of their proceeds from William's book signing to our SWFT Charity



LISTEN OR WATCH



Every day during Dying Matters Awareness Week a new mini **Not If But When** podcast will be released- listen out at www.notifbutwhenpodcast.co.uk/the-podcast/

If you have 5 minutes spare take the **Online Quiz** about people's experience with language and bereavement care www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week/resources#content-menu-20583

The GMC's video **Talking about end of life care** includes patients, carers and doctors discussing their experiences and practice around communication in end of life care. https://youtu.be/f_MuZN0fL6Q

Matthew O'Reilly is an EMT in New York, his TedTalk video '**Am I dying?** **The honest answer** discusses his experiences of being with people when they die. www.ted.com/talks/matthew_o_reilly_am_i_dying_the_honest_answer

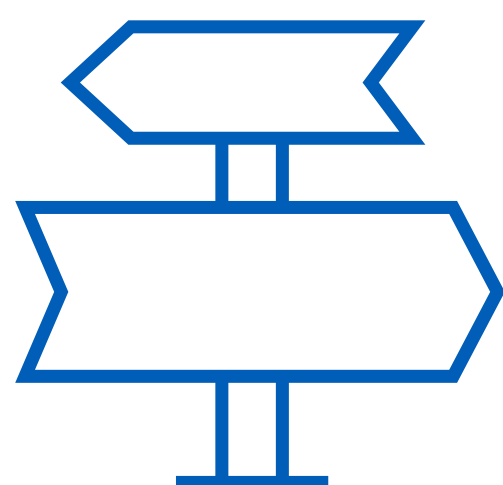
Dr Kathryn Mannix has decades of experience as a palliative care doctor and has written widely praised books on communication within palliative care. Her short BBC Ideas video **Dying is not as bad as you think** deals with dying and how we might talk to each other about it www.youtube.com/watch?v=CruBRZh8quc&ab_channel=BBCIdeas

You might also want to listen to Dr Mannix's interview on the **White Coat Black Art** podcast discussing how to find the words for tender conversations www.cbc.ca/listen/live-radio/1-75-white-coat-black-art/clip/15887579-how-tender-conversations

Dr Jo Withs' 2018 TedX talk **We need to talk about dying** deals with the importance of having end of life conversations. www.youtube.com/watch?v=8zOi6Z_0au8



GUIDANCE

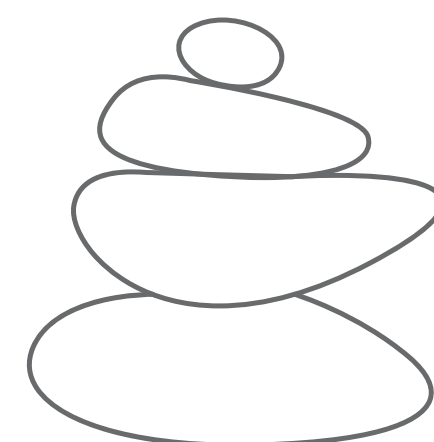


The 2015 NICE guideline on **Care of dying adults in the last days of life** (NG31), has communication recommendations www.nice.org.uk/guidance/ng31/chapter/Recommendations#communication

Leadership Alliance for the Care of Dying People (2014) **One chance to get it right**: Improving people's experience of care in the last few days and hours of life. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/323188/One_chance_to_get_it_right.pdf

National Palliative and End of Life Care Partnership (2021) **Ambitions for Palliative and end of life care**: A national framework for local action 2021-2026 www.england.nhs.uk/wp-content/uploads/2022/02/ambitions-for-palliative-and-end-of-life-care-2nd-edition.pdf

NICE Clinical Knowledge Summaries include a **Communication Scenario** in their Palliative care section. <https://cks.nice.org.uk/topics/palliative-care-general-issues/management/communication/>



HOW TO TALK ABOUT DEATH AND DYING

The Marie Curie site includes a section on [Telling someone that they're dying](https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/individual-needs/telling-someone-that-they-are-dying)
www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/individual-needs/telling-someone-that-they-are-dying

Marie Curie also provide advice for health professionals on [Communication needs in palliative care](https://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/individual-needs/communication-needs)
www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone/individual-needs/communication-needs

The Department of Psychiatry from the University of Oxford has guides for healthcare professionals when [telling a relative by telephone about the death of a patient](https://www.psych.ox.ac.uk/research/covid_comms_support/healthcare-professionals/healthcare-professionals).
www.psych.ox.ac.uk/research/covid_comms_support/healthcare-professionals/healthcare-professionals
Developed during Covid, they have them available in a number of different languages.

[Communicating at the end of life](https://www.nursingtimes.net/students/communicating-at-the-end-of-life-31-08-2011/) by Nadine Woogara is a helpful article from the Nursing Times in 2011. Read it at www.nursingtimes.net/students/communicating-at-the-end-of-life-31-08-2011/

The [Serious Illness Conversation Guide](https://choosingwiselycanada.org/download/6183/) from CWC offers language suggestions for clinicians when talking to seriously ill patients. <https://choosingwiselycanada.org/download/6183/>

CWC also offer [4 Questions to start serious illness conversations with your patients](https://choosingwiselycanada.org/download/6189/) at <https://choosingwiselycanada.org/download/6189/>

OpenLearn from the Open University has videos and resources on [Breaking Bad News](https://www.open.edu/openlearn/health-sports-psychology/breaking-bad-news).
www.open.edu/openlearn/health-sports-psychology/breaking-bad-news

The Oxford textbook of palliative social work by Terry Altilio (2022) has [The Power of Language: Inviting attention and intention to word choice](https://doi.org/10.1093/med/9780197537855.003.0005) which gives a fascinating insight into the power of words, with sections on pain, oncology, ICU, palliative care and end of life. <https://doi.org/10.1093/med/9780197537855.003.0005>
You'll need an OpenAthens password to read it- Register free at <https://openathens.nice.org.uk>

Perhaps a little lighter is this 2014 Guardian article on [A thousand words for death](https://www.theguardian.com/books/2014/sep/13/a-thousand-words-for-death-lexicon-dying-david-crystal), looking at the history of the vocabulary of death www.theguardian.com/books/2014/sep/13/a-thousand-words-for-death-lexicon-dying-david-crystal

Last year Mark Taubert wrote about honesty and communication in palliative care in [I thought I should always be positive with my patients- until I found out how damaging that can be](https://www.theguardian.com/commentisfree/2023/jun/19/positive-patients-damaging-upbeat-honesty)
www.theguardian.com/commentisfree/2023/jun/19/positive-patients-damaging-upbeat-honesty

[Talking about dying: better conversations at the end of life](https://www.evidentlycochrane.net/talking-about-dying/) is a blog post by Sarah Chapman where she reflects on the conversations she had during COVID-19 with her Mum's carer. You'll also find lots of links to evidence, information and support. www.evidentlycochrane.net/talking-about-dying/

Support Around Death from NHS Scotland has a wide range of resources including the [Discussing Dying video](https://www.sad.scot.nhs.uk/before-death/end-of-life-care/) which aims to help healthcare professionals discuss dying openly and honestly with their patients.
www.sad.scot.nhs.uk/before-death/end-of-life-care/

RESEARCH ARTICLES

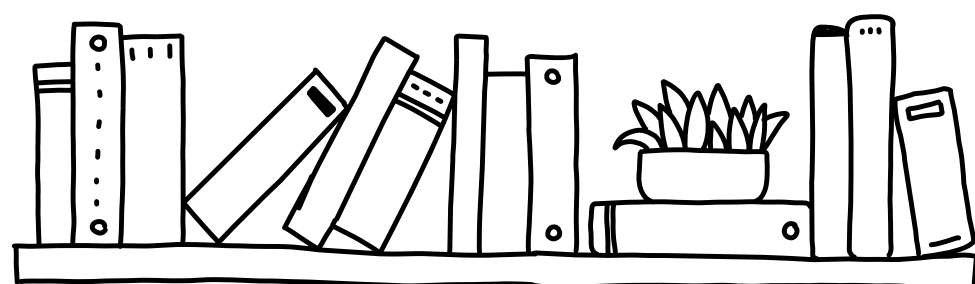
Anderson, R.J. *et al.* (2019) '**Communication between healthcare professionals and relative of patients approaching the end-of-life**: A systematic review of qualitative evidence', *Palliative Medicine*, 33(8), pp.926-941. Available at: <https://eprints.kingston.ac.uk/id/eprint/48498/2/Anderson-R-48498-VoR.pdf>

Ekberg, S. *et al.* (2021) '**Communicating with patients and families about illness progression and end of life**: a review of studies using direct observation of clinical practice', *BMC Palliative Care*, 20 (186). Available at: <https://bmcpalliatcare.biomedcentral.com/articles/10.1186/s12904-021-00876-2>

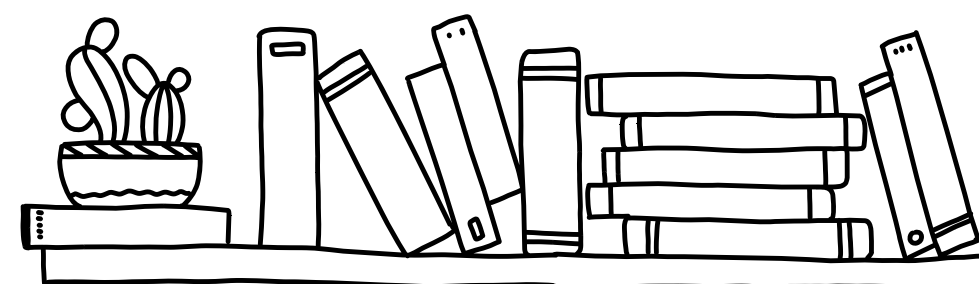
Ohrling, C. *et al.* (2024) '**They must have seen it you know. Body talk, extension talk and action talk**: A qualitative study on how palliative care patients and their significant others express experiencing these nonverbal cues', *PLoS ONE*, 19(4). Available at: <https://doi.org/10.1371/journal.pone.0299112>

Wentlandt, K. *et al.* (2018) '**Language used by health care professionals to describe dying at an acute care hospital**', *Journal of Pain and Symptom Management*, 53(3), pp.337-343. Available at: <https://doi.org/10.1016/j.jpainsymman.2018.05.013>

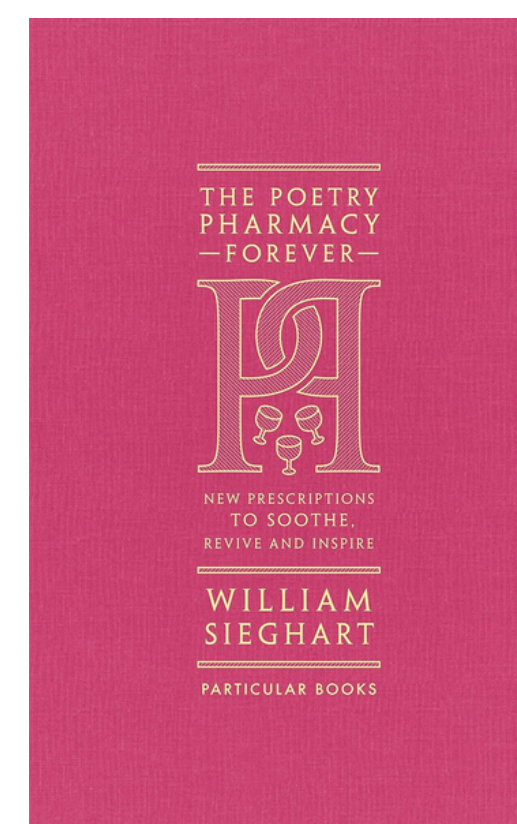
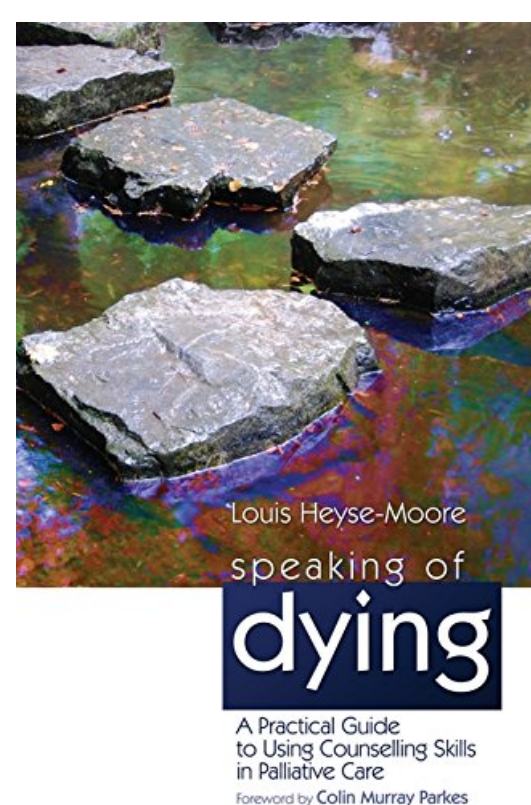
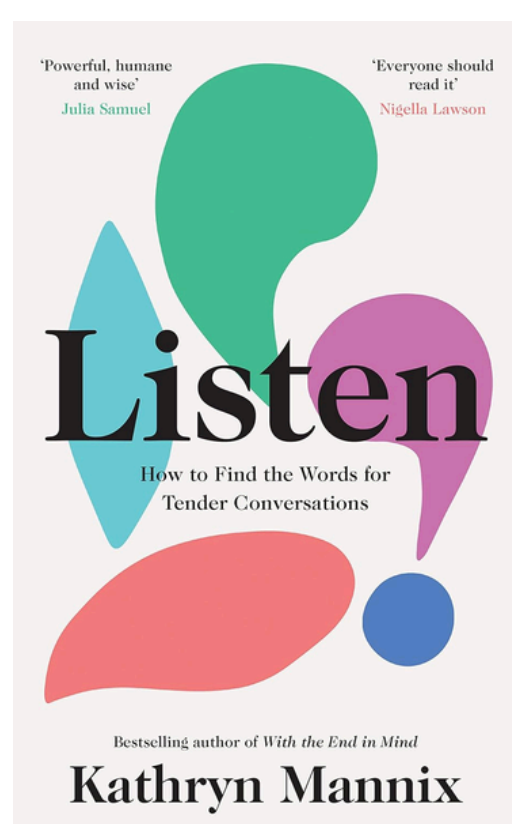
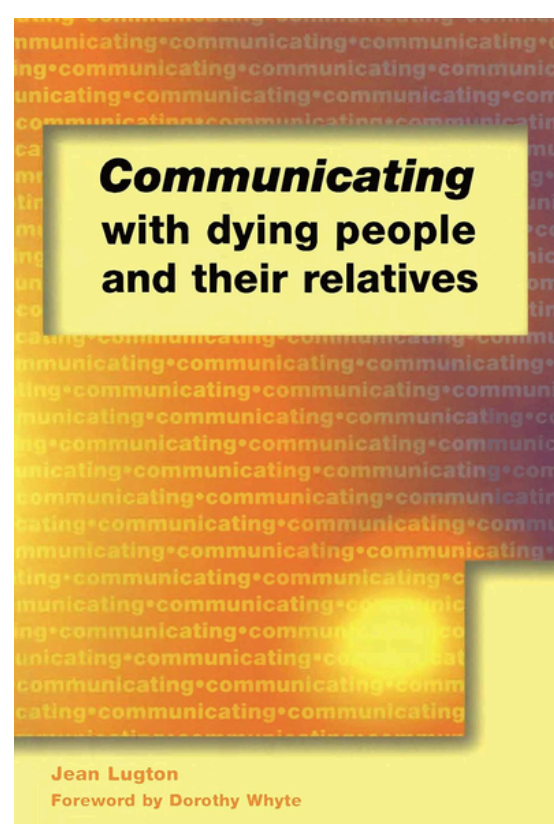
To access some resources you may need to sign in with your OpenAthens account.
Register free at <https://openathens.nice.org.uk/>



BOOKS



These books and many more are available for loan in the William Harvey Library at GEH or the Education Centre Library at SWFT. Scan the QR code to find out more



This resource list has been produced by the Clinical Librarian at GEH and Librarian at SWFT. For more information please contact library@geh.nhs.uk or library@swft.nhs.uk or find out more at our web site- <https://gehsuft.wordpress.ptfs-europe.co.uk/>

