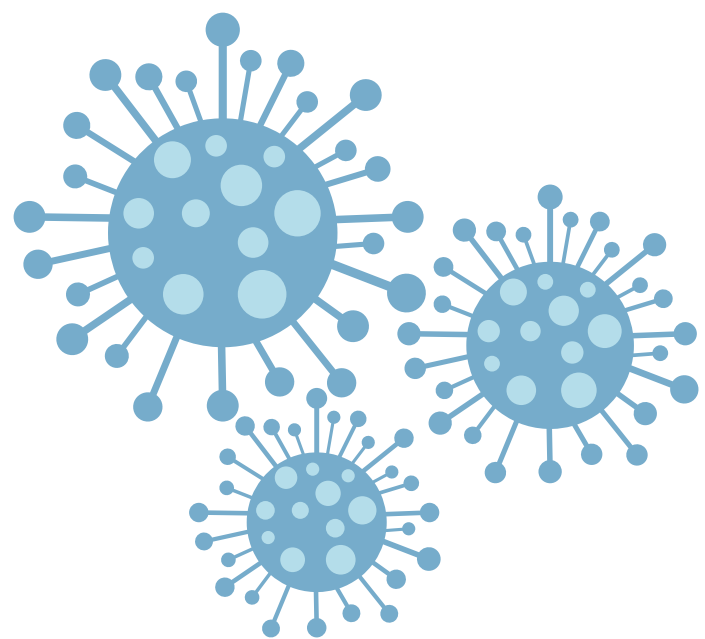


# Schwartz Rounds: Further resources

April 2024- My Covid Journey

If you found the discussion interesting you may be interested in some further information.

## COVID-19 STORIES



Bennett, P. *et al.* (2020) '**COVID-19 confessions**: a qualitative exploration of healthcare workers experiences of working with COVID-19', *BMJ Open*, 10(12)

<https://doi.org/10.1136/bmjopen-2020-043949>

Lloyd, A. *et al.* (2023) '**Critical reflections on the COVID-19 pandemic from the NHS frontline**'. *Sociological Research Online*, 29(1). <https://doi.org/10.1177/13607804231156293>

Oshikanlu, R. (2022) **My Long Covid journal and reflection**. The Queen's Nursing Institute blog, 17th June. <https://qni.org.uk/my-long-covid-journey-and-reflection/>

Want to read something different? Windows on the world offers **pandemic poems** from 6 leading UK poets- <https://www.theguardian.com/books/2021/may/08/windows-on-the-world-pandemic-poems-by-simon-armitage-hollie-mcnish-kae-tempest-and-more> Find out more about **COVID poetry** at <https://theconversation.com/covid-poetry-how-a-new-genre-is-helping-readers-to-comprehend-the-pandemic-200137>

If you missed **Breathtaking**, the acclaimed ITV drama based on Rachel Clark's memoir it's available on ITVX [www.itv.com/watch/breathtaking/10a4089](http://www.itv.com/watch/breathtaking/10a4089)

**Humans Not Heroes** is a series of audio pieces created with artists and healthcare workers exploring Covid experiences. Read the listening instructions first, as there is a trigger warning.

<https://chinaplatetheatre.com/whats-on/current/humans-not-heroes/>

**Share your Covid story** with the UK Covid-19 Inquiry at <https://covid19.public-inquiry.uk/> The Inquiry is interested in understanding people's experience during the pandemic and also offers links to a wide range of **support** organisations if you feel in crisis at <https://covid19.public-inquiry.uk/support/>

## COVID IMPACT



**COVID-19: The impact of the pandemic on the medical profession**. This 2023 publication is the 2nd in a set of reports from the BMA focussing on the pandemic. [www.bma.org.uk/advice-and-support/covid-19/what-the-bma-is-doing/covid-19-the-impact-of-the-pandemic-on-the-medical-profession](http://www.bma.org.uk/advice-and-support/covid-19/what-the-bma-is-doing/covid-19-the-impact-of-the-pandemic-on-the-medical-profession)

There's more guidance for doctors on **the impact of coronavirus on work, training, education and wellbeing** at: [www.bma.org.uk/advice-and-support/covid-19](http://www.bma.org.uk/advice-and-support/covid-19)

Read about the **UK Covid-19 Inquiry** at <https://covid19.public-inquiry.uk/>

Maben, J. *et al.* (2022) '**You can't walk through water without getting wet**' UK nurses' distress and psychological health needs during the Covid-19 pandemic: A longitudinal interview study', *International Journal of Nursing Studies*, 131(July). <https://doi.org/10.1016/j.ijnurstu.2022.104242>

Byrne, J-P, *et al.* (2023) '**Covid-19 and healthcare worker mental well-being**: Comparative case studies on interventions in six countries', *Health Policy*, 135 <https://doi.org/10.1016/j.healthpol.2023.104863>

## WORKING FROM HOME/ SHIELDING

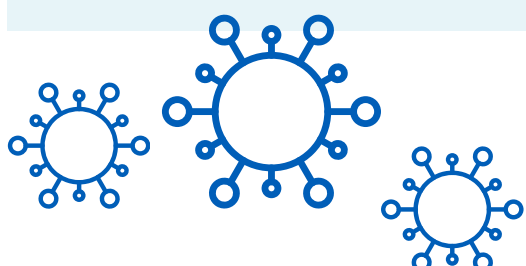
Chattopadhyay, I. et al. (2020) 'The contributions of NHS healthcare workers who are **shielding or working from home during COVID-19**', *Future Healthcare Journal*, October. Available at: <https://www.rcpjournals.org/content/futurehosp/7/3/e57>



Forshaw, C. (2022) *Home and hybrid working post-pandemic: getting it right*. Available at: [www.britsafe.org/safety-management/2022/home-and-hybrid-working-post-pandemic-getting-it-right](http://www.britsafe.org/safety-management/2022/home-and-hybrid-working-post-pandemic-getting-it-right)

Matthews, D. (2021) *Shielding, home working and new ways of working*. Available at: [www.nhsemployers.org/articles/shielding-home-working-and-new-ways-working](http://www.nhsemployers.org/articles/shielding-home-working-and-new-ways-working)

Vaja, P. (2020) *What's the work-from-home lockdown like for someone experiencing social anxiety?* Available at: <https://quietconnections.co.uk/blog/work-lockdown/>

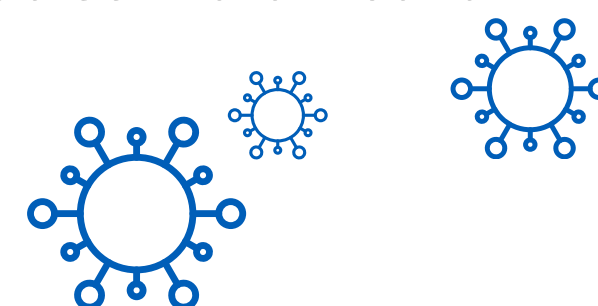


## SCHWARTZ ROUNDS AND COVID-19

Doherty, J. (2021) 'Using blended and virtual **Schwartz Center Rounds to support maternity staff** in Ireland during the Covid-19 pandemic', *Journal of Nursing Practice*, 5(1), pp.108-119. [www.thejnp.org/index.php/jnp/article/download/160/121](http://www.thejnp.org/index.php/jnp/article/download/160/121)

Betts, C. (2023) *The story of a storyteller: dropping your armour and speaking openly at a Schwartz Round*. [www.pointofcarefoundation.org.uk/resource/the-story-of-a-storyteller/](http://www.pointofcarefoundation.org.uk/resource/the-story-of-a-storyteller/)

X (Twitter) [#Schwartzround](https://twitter.com/Schwartzround) [#schwartzrounds](https://twitter.com/schwartzround) [@PointofCareFdn](https://twitter.com/PointofCareFdn) [@GEHSchwartz](https://twitter.com/GEHSchwartz)



Point of Care Foundation [Benefits of Schwartz Rounds](http://www.pointofcarefoundation.org.uk/our-programmes/staff-experience/about-schwartz-rounds/)

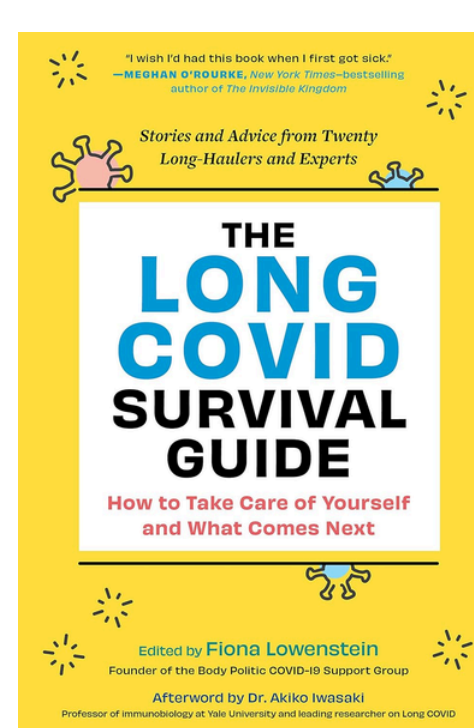
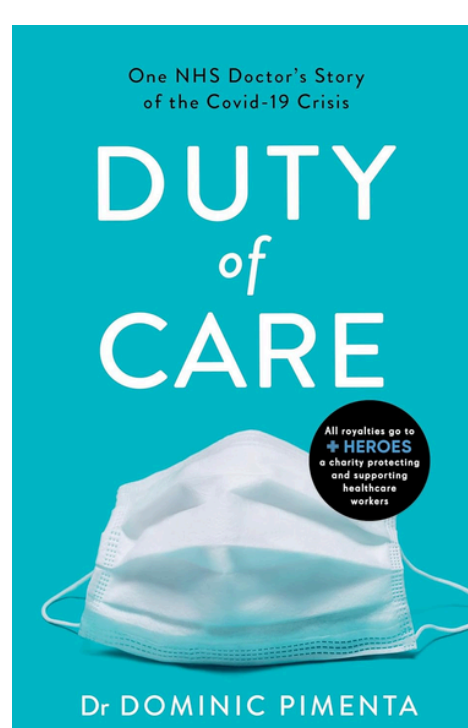
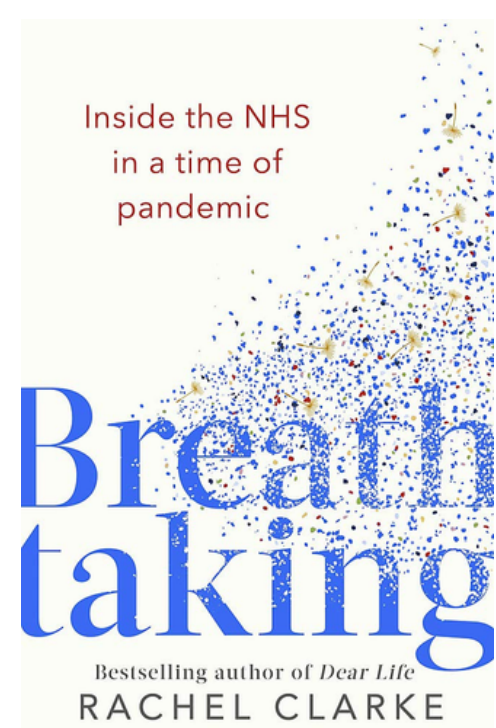
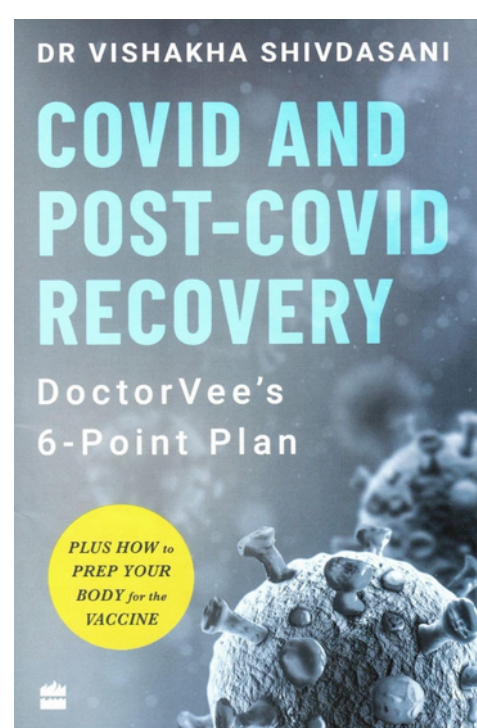
[www.pointofcarefoundation.org.uk/our-programmes/staff-experience/about-schwartz-rounds/](http://www.pointofcarefoundation.org.uk/our-programmes/staff-experience/about-schwartz-rounds/)



To access some resources you may need to sign in with your OpenAthens account. Register free at <https://openathens.nice.org.uk/>

## BOOKS

These books and many more are available in the William Harvey Library at GEH or the Education Centre Library at SWFT for loan.



This resource list has been produced by the Clinical Librarian at GEH. For more information please contact [library@geh.nhs.uk](mailto:library@geh.nhs.uk) or [Lisa.Mason@geh.nhs.uk](mailto:Lisa.Mason@geh.nhs.uk) or find out more at our web site- <https://gehswift.wordpress.ptfs-europe.co.uk/>

