



# LGBT+ History Month

Annual Newsletter

January 2024

## Welcome to our new LGBT+ History Month annual newsletter

This newsletter has been created to support and inform SWFT and GEH staff and keep you up to date with available resources. The theme for this year is Medicine - **#UnderTheScope** and celebrates both the historic and the current contribution of LGBT+ people to Healthcare and Medicine.



## LGBT+ Health History

The Royal Society of Medicine. Snapshots in LGBTQ+ medical history. Available at: <https://www.rsm.ac.uk/media/5471494/lgbt-timeline-for-website.pdf> (Accessed: 17 January 2024)

Smith, G., Bartlett, A. and King, M. (2004) 'Treatment of homosexuality in Britain since the 1950s- an oral history: the experience of patients', BMJ 328(7437). Available at: <https://doi.org/10.1136/bmj.37984.442419.EE> (Accessed: 17 January 2024)

Mind (2024) LGBT+ History Month. Available at: <https://www.mind.org.uk/news-campaigns/campaigns/lgbt-history-month/> Includes a timeline of mental health milestones and moments of progress, and links to support. (Accessed: 17 January 2024)

Clarke, M. (2021) HIV/AIDS and the LGBTQ+ community: Education, care and support. Available at: <https://blog.nationalarchives.gov.uk/hiv-aids-and-the-lgbtq-community-education-care-and-support/> (Accessed: 17 January 2023)

## LGBT+ Contribution to Medicine and Science

University of Edinburgh (2021) The hidden LGBT+ history of the Edinburgh Medical School. Available at: <https://www.ed.ac.uk/usher/biomedicine-self-society/blog/the-hidden-lgbt-history-of-the-edinburgh-medical-s> (Accessed: 17 January 2024)

National Museums Liverpool LGBTQ+ people in STEM. Available at: <https://www.liverpoolmuseums.org.uk/stories/lgbtq-people-stem> (Accessed: 17 January 2024)

BMA (2023) A forgotten hero. Available at: <https://www.bma.org.uk/news-and-opinion/a-forgotten-hero> The story of Cecil Belfield Clarke, a black, gay doctor and civil-rights activist. (Accessed: 17 January 2024)



## LGBT+ Contribution to Medicine and Science (continued)

Clarke, M. Dr James Barry: The importance of archival discoveries. Available at: <https://blog.nationalarchives.gov.uk/dr-james-barry-the-importance-of-archival-discoveries/> (Accessed: 17 January 2024)

Shoplan, N., and Harris, C. (2021). LGBTQ+ People in Medicine and Health 1700 - present day. Available at: <https://lgbtqcymru.swansea.ac.uk/wp-content/uploads/2022/02/LGBTQ-People-in-medicine-and-Health-1700-present-day-Final-22.pdf> (Accessed: 17 January 2024)

### LGBT+ Health now

The Kings' Fund (2023) LGBTQ+ staff and patients deserve better from the NHS. Available at: <https://www.kingsfund.org.uk/blog/2023/02/lgbtq-staff-patients-deserve-better-nhs> (Accessed: 17 January 2024)

Stonewall (2018) LGBT in Britain- Health. Available at: <https://www.stonewall.org.uk/resources/lgbt-britain-health-2018> (Accessed: 17 January 2024)

NHS The Leeds Teaching Hospital. (2023) Podcast – voices from the LGBT+ community. Available at: <https://www.leedsth.nhs.uk/about-us/podcast-voices-lgbt-community/> (Accessed: 17 January 2024)

British Medical Association. The experience of lesbian, gay and bisexual doctors in the NHS 2016. Available at: [https://www.bma.org.uk/media/4225/bma\\_experience-of-lgb-doctors-and-medical-students-in-nhs-2016.pdf](https://www.bma.org.uk/media/4225/bma_experience-of-lgb-doctors-and-medical-students-in-nhs-2016.pdf) (Accessed: 17 January 2024)

### Support

NHS Confederation (2023) *Leading for all: supporting trans and non binary healthcare staff*. Available at: <https://www.nhsconfed.org/publications/leading-all-supporting-trans-and-non-binary-healthcare-staff> (Accessed: 17 January 2024)

GLADD - The Association of LGBTQ+ Doctors and Dentists (2024). Available at: <https://gladd.co.uk/> (Accessed: 17 January 2024)



# LGBTQIA+ Staff Network

The **LGBTQIA+ staff network** meets via MS Teams at 2pm on the 3rd Friday of each month

Contact [Temitope.George@swft.nhs.uk](mailto:Temitope.George@swft.nhs.uk) for more information

## How to be an ally

Still, C. (2021) 'Why I became an ally for our LGBT+ community'. *Barking, Havering and Redbridge University Hospitals NHS Trust*. Available at:

<https://www.bhrhospitals.nhs.uk/news/why-i-became-an-ally-for-our-lgbt-community-security-advisor-mark-shares-his-story-this-pride-month-3051/>

Sole, G. (2024) 'Being an LGBTQ+ ally and what it means to me'. *NHS Business Services Authority*. Available at: <https://media.nhsbsa.nhs.uk/blogs/being-an-lgbtq-ally-and-what-it-means-to-me> (Accessed: 18 January 2024)

Chen, J. and Joel, S. (2023) 'How to be a better ally to the LGBTQ community.' *Harvard Business Review*. Available at: <https://hbr.org/2023/04/research-how-to-be-a-better-ally-to-the-lgbtq-community> (Accessed: 18 January 2024)

Maheshwari-Aplin, P. (2022) '7 ways you can be an LGBTQ+ ally at work'. *Stonewall*. Available at: <https://www.stonewall.org.uk/about-us/news/7-ways-you-can-be-lgbtq-ally-work> (Accessed: 18 January 2024)

Masuwa, P. and Sharma, M. (202) 'Allyship toolkit'. *Midlands Leadership Academy/NHS*. Available at: [https://midlands.leadershipacademy.nhs.uk/wp-content/uploads/sites/3/2020/12/Allyship-Toolkit\\_.pdf](https://midlands.leadershipacademy.nhs.uk/wp-content/uploads/sites/3/2020/12/Allyship-Toolkit_.pdf) (Accessed: 18 January 2024)

## Events

Royal College of Physicians (2024) That which never can be suppressed: LGBTQ+ history in the RCP. 21 February 2024, 7pm (online). Explore how the lives of LGBTQ+ people, and attitudes to sexual and gender diversity, are reflected in the archive, heritage library and museum collections of the RCP. Available at:

<https://history.rcplondon.ac.uk/event/which-never-can-be-suppressed-lgbtq-history-rcp-collections-0>

LGBT+ History Month (2024) STEM, LGBTQ & You 2024. 21 February 2024. Conference includes several invited talks by LGBTQ+ individuals within a range of STEM backgrounds, focusing on their experiences of being LGBTQ+ and the intersection with their field. Available at: [LGBTplushistorymonth.co.uk/calendar/](https://LGBTplushistorymonth.co.uk/calendar/)

## Events (continued)

Trans and Gender Awareness Training Session. 26 February 2024 via Teams. [click here to join Trans and Gender Awareness Training](#)

### Issues



Anonymous (2019) 'I'm a medical student and I'm gay. Work would be simpler if I were heterosexual.' *The Guardian*. Available at:

<https://www.theguardian.com/society/2019/aug/29/medical-student-gay-work-simpler-heterosexual> (Accessed: 17 January 2024)

Burke, B.P, White, J.C (2001) 'Wellbeing of gay, lesbian and bisexual doctors.' *BMJ*, 322 (7283) pp.422-425. Available at: doi: [10.1136/bmj.322.7283.422](https://doi.org/10.1136/bmj.322.7283.422) (Accessed: 17 January 2024)

Torjesen, I (2022) 'Most LGBTQ+ doctors hide their sexual orientation or gender identity at work

' *BMJ*, 379 (2637). Available at: doi: [10.1136/bmj.322.7283.422](https://doi.org/10.1136/bmj.322.7283.422) (Accessed: 17 January 2024)

Murray, J (2023) 'Bring in UK ban on conversion practices now, LGBTQ+ campaigners urge.' *The Guardian*. Available at:

<https://www.theguardian.com/world/2023/jul/03/bring-in-uk-ban-on-conversion-practices-now-lgbtq-campaigners-urge> (Accessed: 17 January 2024)

NHS Greater Glasgow and Clyde, NHS Lothian, and Public Health Scotland (2022) *Health needs assessment of lesbian, gay, bisexual, transgender and non-binary people* Available at:

<https://www.stor.scot.nhs.uk/bitstream/handle/11289/580332/Final%20Report%20%2831%20May%202022%29.pdf?sequence=1&isAllowed=y> (Accessed: 17 January 2024)

## Reading Lists

### Arts Council

<https://www.artscouncil.org.uk/blog/reading-recommendations-lgbt-history-month>

### Reading Agency

<https://www.readingagency.org.uk/resources/2959/>





## Reading Lists (continued)

**Penguin Random House**

<https://www.penguinrandomhouse.com/the-read-down/books-to-celebrate-lgbt-history-month/>

**Warwickshire Libraries**

<https://library.warwickshire.gov.uk/iguana/www.main.cls?sUrl=search#navigation>

### Want to know more?

Take a look at some of the books you can borrow from our libraries:



You can also search the [library catalogue](#) and reserve books held by other health libraries across the Midlands to collect from your Trust library.

<https://koha.healthlibrariesmidlands.nhs.uk/cgi-bin/koha/opac-main.pl>

### ..and there's more available online!

Access NHS England's **Diversity ebook collection** at

<https://library.hee.nhs.uk/learning-academy/equality%2C-diversity-and-inclusion/diversity-ebook-collection>

## Trust Support for you



For more information about support within the Trusts, please contact the Staff Health and Wellbeing Team.

Email: [hwb@swft.nhs.uk](mailto:hwb@swft.nhs.uk) Twitter/X: [@GEH\\_SWFT\\_HWB](https://twitter.com/GEH_SWFT_HWB)



This newsletter has been produced by Librarians from GEH and SWFT Libraries.

Many thanks to colleagues who have shared links to useful resources.

For more information about accessing quality information resources, or if you are interested in a resources newsletter for your awareness event, please get in touch with

[Lisa.Mason@geh.nhs.uk](mailto:Lisa.Mason@geh.nhs.uk), [Rayanne.Byatt@swft.nhs.uk](mailto:Rayanne.Byatt@swft.nhs.uk) or [Caroline.Stephen@swft.nhs.uk](mailto:Caroline.Stephen@swft.nhs.uk)

