

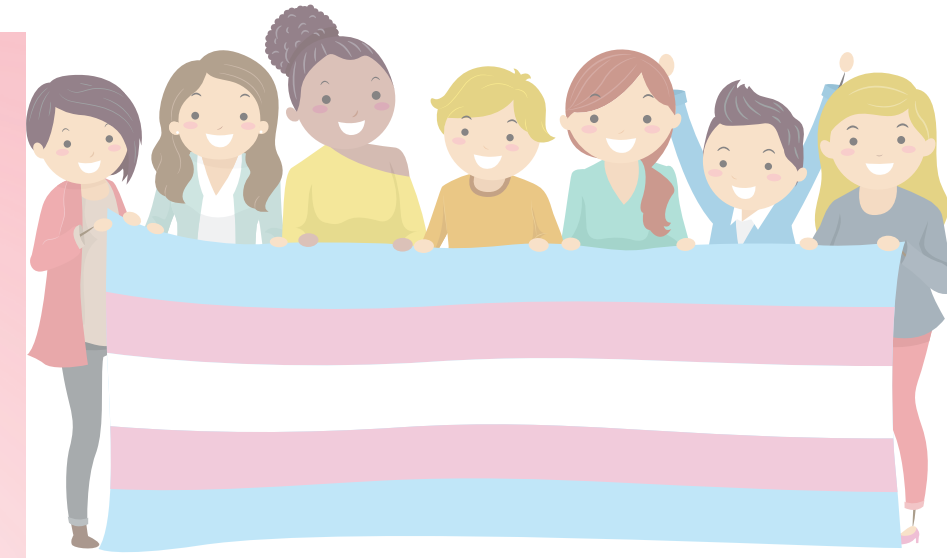
# Transgender Awareness Week

November 2023

## Welcome to our new Transgender Awareness Week annual newsletter

Created to support and inform SWFT and GEH staff and keep you up to date with available resources

In this issue: news, TED talks, how to be an ally, health, work, support & books



### News

Max Harrison **Transgender Awareness Week: After the circus leaves town.**

<https://www.pwc.co.uk/who-we-are/our-purpose/empowered-people-communities/transgender-awareness-week-after-circus-leaves-town.html>

**Inclusive Employers (2023) LGBTQ+ Glossary.**

<https://www.inclusiveemployers.co.uk/blog/lgbtq-glossary/>

**Trans news from Pink News** <https://www.thepinknews.com/identity/trans/>

Kylie MacFarquharson (2022) **'This is the best part of being transgender'**, Independent, 13 November. <https://www.independent.co.uk/voices/trans-awareness-week-transgender-visibility-b2224066.html>

Joanna Whitehead (2020) **'Transgender Day of Visibility: What Munroe Bergdorf, Paris Lees and other trans people want you to know'**, The Independent, 31 March. <https://www.independent.co.uk/life-style/trans-visibility-day-gender-abuse-violence-hate-crime-allies-a9201271.html>

The Independent (2023) **Big Brother fans praise housemates for reacting to Hallie coming out as trans with 'love and acceptance'**. Available at: <https://www.independent.co.uk/arts-entertainment/tv/news/hallie-big-brother-instagram-trans-itv-b2426981.html> (Accessed: 20 October 2023)

Positive News (2022) **More in Common: Britons and Gender Identity : Navigating Common Ground and Division.** Available at: <https://www.moreincommon.org.uk/media/giljcopo/britons-and-gender-identity-navigating-common-ground-and-division-june-2022.pdf> (Accessed: 20 October 2023)

**@GoodTransNews** - just posting good and happy trans news, Bad news and bad actors filtered out. Available at: <https://twitter.com/goodtransnews?lang=en> (Accessed: 07 November 2023)





## Ted Talks

TED Talk play list- **Celebrating (and deconstructing) the gender spectrum.**

[https://www.ted.com/playlists/459/the\\_gender\\_spectrum](https://www.ted.com/playlists/459/the_gender_spectrum) Includes A short history of trans people's long fight for equality, Scenes from a Black trans life, How to talk (and listen) to transgender people, and A powerful poem about what it feels like to be transgender.

## How to be an ally

**HEE How to be a trans ally.**

<https://www.hee.nhs.uk/sites/default/files/documents/How%20to%20be%20a%20trans%20ally%20%283%29.pdf>

TUC (2019) **How to be a good trans ally at work.** <https://www.tuc.org.uk/resource/how-be-good-trans-ally-work>

Ellen Edenbrown (2023) **Five ways to becoming a better transgender ally.** Inclusive Employers <https://www.inclusiveemployers.co.uk/blog/five-ways-to-becoming-a-better-transgender-ally/>

Abi Jackson (2023) **'How can I be a better ally to trans people right now?'** The Independent, 21 June. <https://www.independent.co.uk/life-style/finn-lgbtq-tiktok-pink-news-linkedin-b2361502.html>

## Health

Richard Murray (2022) **Acting on the evidence: ensuring the NHS meets the needs of trans people.** The King's Fund blog, 26 September.

<https://www.kingsfund.org.uk/blog/2022/09/acting-evidence-ensuring-nhs-meets-needs-trans-people>

NHS England (2023) **NHS population screening: information for trans and non-binary people.** <https://www.gov.uk/government/publications/nhs-population-screening-information-for-transgender-people/nhs-population-screening-information-for-trans-people>





## Work

NHS Confederation (2023) **Leading for all: supporting trans and non-binary healthcare staff.** <https://www.nhsconfed.org/publications/leading-all-supporting-trans-and-non-binary-healthcare-staff>

Totaljobs (2021) **“Trans employee experiences survey: Understanding the trans community in the workplace”** (2021)- research conducted by Totaljobs. <https://www.totaljobs.com/advice/trans-employee-experiences-survey-2021-research-conducted-by-totaljobs>

Dr Layla McCay (2023) **What is the experience of LGBTQ+ NHS staff?** NHS Employers blog, 17 May. <https://www.nhsemployers.org/articles/what-experience-lgbtq-nhs-staff>

SWH 04313 **Supporting Transgender Staff Policy**  
[https://extranet.swft.nhs.uk/download\\_file/view\\_inline/1379/182/Supporting\\_Transgender\\_Staff\\_Policy.pdf](https://extranet.swft.nhs.uk/download_file/view_inline/1379/182/Supporting_Transgender_Staff_Policy.pdf) (for SWFT staff)

HR/POL/30 **Transgender and Non Binary Individuals Support Policy 2021**  
[https://extranet.geh.nhs.uk/download\\_file/view\\_inline/638/182/Transgender\\_and\\_Non\\_Binary\\_Individuals\\_Support\\_Policy\\_2021.pdf](https://extranet.geh.nhs.uk/download_file/view_inline/638/182/Transgender_and_Non_Binary_Individuals_Support_Policy_2021.pdf) (for GEH staff)

## Support

**The Beaumont Society** – the largest and longest established transgender support group in the UK. Available at: <https://www.beaumontsociety.org.uk/> (Accessed: 20 October 2023)

**TransUnite** – over 100 verified Transgender Support groups. Available at: <https://www.transunite.co.uk/> (Accessed: 20 October 2023)

**Mermaids** – supporting trans, non-binary and gender-diverse children, young people and their families since 1995: <https://mermaidsuk.org.uk/>







## Want to know more?

Take a look at some of the books you can borrow from our libraries:



You can also search the [library catalogue](#) and reserve books held by other health libraries across the Midlands to collect from your Trust library.

<https://koha.healthlibrariesmidlands.nhs.uk/cgi-bin/koha/opac-main.pl>



### ..and there's more available online!

Access NHS England's **Diversity ebook collection** at

<https://library.hee.nhs.uk/learning-academy/equality%2C-diversity-and-inclusion/diversity-ebook-collection>

Here's a sample of the books available:

[Gender Diversity and Non-Binary Inclusion in the Workplace: The Essential Guide for Employers](#)

[Can I tell you about gender diversity? A guide for Friends, Family and Professionals](#)

## Something shorter perhaps?

Learn what it means to be transgender in this useful article from [Patient](#)  
***Debunking transgender stereotypes and myths***

<https://patient.info/news-and-features/debunking-transgender-stereotypes-and-myths>

## Trust Support for you

For more information about support within the Trusts, please contact the Staff Health and Wellbeing Team.

Email: [hw@swft.nhs.uk](mailto:hw@swft.nhs.uk) Twitter/X: [@GEH\\_SWFT\\_HWB](https://twitter.com/GEH_SWFT_HWB)

This newsletter has been produced for the Health and Wellbeing Team by the Clinical Librarians from GEH and SWFT Libraries.

Many thanks to colleagues who have shared links to useful resources.

For more information about accessing quality information resources please get in touch with

[Lisa.Mason@geh.nhs.uk](mailto:Lisa.Mason@geh.nhs.uk) or [Rayanne.Byatt@swft.nhs.uk](mailto:Rayanne.Byatt@swft.nhs.uk)

