



Black History Month 2023

Welcome to our annual Black History Month Newsletter.

Created to inform and support you this month and through the coming year with a mixture of reading lists, journal articles, and health information.

For all things Black History Month <https://www.blackhistorymonth.org.uk/>

Reading lists

Bloomsbury books to celebrate Black History Month

<https://www.bloomsbury.com/uk/discover/superpages/academic/black-history-month-uk-2023/>

Waterstones

<https://www.waterstones.com/black-history-month>

BHM Black History Month

<https://www.blackhistorymonth.org.uk/section/books/>

London Bookshop

<https://www.londonreviewbookshop.co.uk/collections/black-history-month-2023>

Goodreads

<https://www.goodreads.com/blog/show/2461-celebrate-black-history-month-with-new-upcoming-books-by-black-authors>

Warwickshire Libraries

<https://library.warwickshire.gov.uk/iguana/www.main.cls?surl=inclusivereads>

For a look at what books are available locally, and in other HeLM libraries, scan the QR code



Videos

BHM (2023), *Black History Month Video and Film*, BHM, September 2023, Available at: <https://www.blackhistorymonth.org.uk/videos/> (Accessed: 28 September 2023)

Britannica (2023), *Hear about the significance of celebrating Black History Month in the United Kingdom*, September 2023, Available at: <https://www.britannica.com/video/187559/importance-Black-History-Month-United-Kingdom> (Accessed: 28 September 2023)

TED (2022), *Talks to celebrate Black History Month Playlist*, TED Talks, April 2022. Available at: https://www.ted.com/playlists/230/talks_to_celebrate_black_history_month (Accessed: 28 September 2023)

Websites

Black Ballad (2023). Black Ballad UK Lifestyle platform. Available at: <https://blackballad.co.uk/> (Accessed: 28 September 2023)

CBBC (2023). Black History Month 2023. Available at: <https://www.bbc.co.uk/cbbc/curations/black-history-month> (Accessed: 28 September 2023)

Mind (2023). Where to get support during Black History Month. Available at: <https://www.mind.org.uk/news-campaigns/where-to-get-support-during-black-history-month/> (Accessed: 28 September 2023)

Royal College of Nursing (2023). Black History Month. Available at: <https://www.rcn.org.uk/About-us/Diversity-and-inclusion/Black-History-Month> (Accessed: 28 September 2023)

Shout 85258 (2023). Black History Month - Black mental health matters. Available at: <https://giveusashout.org/latest/black-history-month-black-mental-health-matters/> (Accessed: 28 September 2023)



News and articles

Agbanobi, A., Viva Asmelash, T. (2023). Creating Psychological Safety for Black Women at Your Company. *Harvard Business Review*. (22 May 2023) Available at: <https://hbr.org/2023/05/creating-psychological-safety-for-black-women-at-your-company> (Accessed: 2 October 2023)

Enahoro, Noah Anthony. (2023) 'Akyaba Addai-Sebo: the shocking conversation that led him to start UK Black History Month', *The Guardian*. (27 September 2023). Available at: <https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&db=edsglw&AN=edsgcl.766817790&site=eds-live> (Accessed: 5 October 2023)

Famurewa, J. (2023). 'Counter culture: stories from 75 years of Britain's Caribbean food shops.' *The Observer*. (21 May 2023). Available at: <https://www.theguardian.com/food/2023/may/21/counter-culture-the-changing-world-of-britains-caribbean-food-shops> (Accessed: 2 October 2023)

Jeffries, T.Y. (2023) 'Black History Month Yoga Events Offer Joy and Healing: Yoga programs across the country are celebrating the resilience and beauty of Blackness', *Yoga Journal*, 18 February. Available at: <https://search.ebscohost.com/login.aspx?direct=true&AuthType=sso&db=edsglw&AN=edsgcl.751434919&site=eds-live> (Accessed: 5 October 2023).

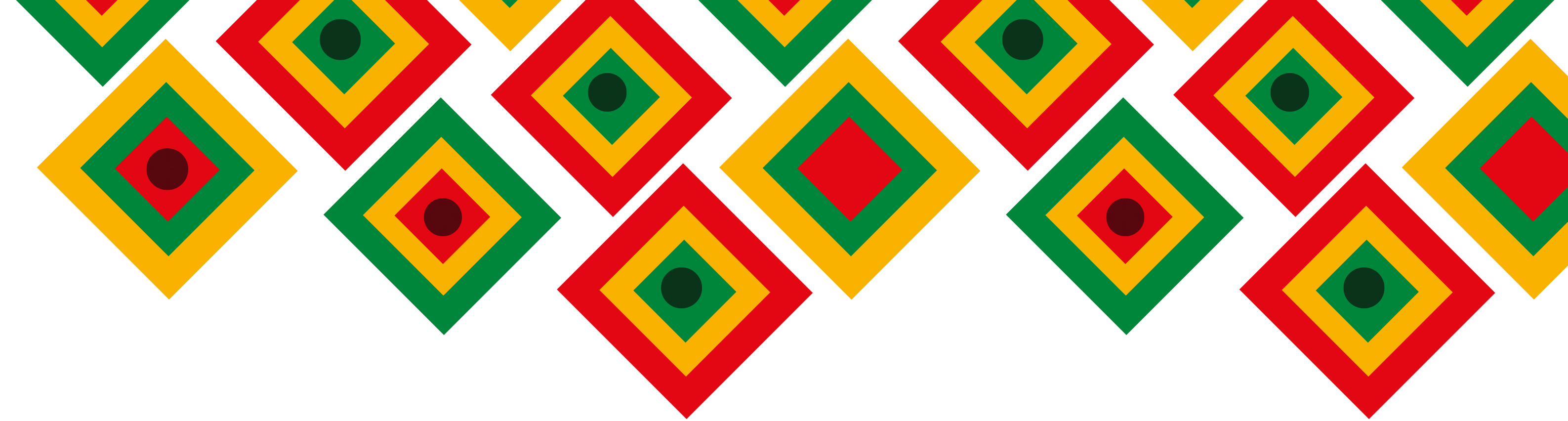
Mohdin, Aamna. (2023). 'Black History Month to celebrate women and UK's Windrush generation.' *The Guardian*. (30 September 2023). Available at: <https://www.theguardian.com/world/2023/sep/30/black-history-month-women-uk-windrush-generation-october> (Accessed: 4 October 2023)

Mokoena, Tshepo (2023). 'Whatever you offer, I'll take': the poet who crossed Europe filming Black experience. *The Guardian*. (12 September 2023). Available at: <https://www.theguardian.com/artanddesign/2023/sep/12/julian-knox-julianknxx-chorus-rememory-flight> (Accessed: 28 September 2023)

Sinmaz, Emine (2023). 'Bobby Joseph becomes first person of colour appointed UK comics laureate.' *The Guardian*. (2 October 2023). Available at: <https://www.theguardian.com/books/2023/oct/02/bobby-joseph-becomes-first-person-of-colour-appointed-uks-comics-laureate> (Accessed: 4 October 2023)

(Please note, you may need your Open Athens login to access some articles)





Events

Black History Month at the National Portrait Gallery

<https://www.npg.org.uk/collections/gallery-trails/black-history-month/>

Leamington Literary Society presents ‘Mary Seacole’s “The wonderful adventures of Mrs Seacole in Many Lands: a Black Nurse in the Crimean War.”’ 10 October 2023, at 7.30pm. Tickets £2.50. The Oddfellows Hall, 22 New Street, Leamington Spa, CV31 1HP. Contact 01926 887838 for details

Additional BAME/embRACE Resources

<https://gehswft.wordpress.ptfs-europe.co.uk/information-resources/bame-resources/>

Clinical Resources

<https://gehswft.wordpress.ptfs-europe.co.uk/information-resources/bame-resources/#clinical>

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