

Read all about it

THE NEWSLETTER OF GEH AND SWFT LIBRARIES



What's New

A WORD FROM THE
EDITOR

HEALTH INFORMATION
WEEK 2023

PLANT STALL

KINDNESS BOOK
GIVEAWAY

BMJ BEST PRACTICE

UNWIND

Editorial

by Beverley Wright

Hello everyone and welcome to the **Autumn edition** of our newsletter. It hardly seems long since we produced our summer edition - the year is flying past!

We hope you have all had a good year so far - this year being the 75th anniversary of our NHS. Every member of staff had the chance to receive a special card and pin badge to mark this special occasion. There was also tea and cake in the Raveloe Restaurant.

We hope you enjoy this edition!



Health Information Week 2023 at GEH & SWFT

by Clinical Librarian Rayanne Byatt

Health Information Week is a national, multi-sector campaign promoting high-quality information for patients and the public. This year's **Health Information Week (#HIW2023)** took place from 3-9 July 2023. The Knowledge and Library Service (KLS) at George Eliot Hospital NHS Trust and South Warwickshire NHS Foundation Trust held several activities to promote trustworthy sources of health information and signpost colleagues to free KLS wellbeing resources and services.

Joint information stands with the Health and Wellbeing Team

Focussing on staff wellbeing we held joint stands with the Health and Wellbeing Team at GEH (Maternity ground floor and Raveloe's) and also in the café area at CERU, Leamington Spa Hospital.



Clinical Librarian Rayanne and Staff Wellbeing Assistant James at GEH

Assistant Nathan designed bookmarks and posters about our KLS Wellbeing support offer which colleagues could pick up – along with a pen, chocolate or hand gel! Visit our [Wellbeing webpage](#) to discover new ideas to look after your wellbeing.

The stands enabled us to promote free national wellbeing resources such as the [Uplifting Resources](#) and [Your Health Collection](#) as well as what is available from our trust KLS. Senior Library



Knowledge & Library Services Lead Stephen at GEH





Librarian Caroline with colleagues at CERU

It was fantastic to meet colleagues and to signpost them to resources that they or members of their team might find helpful. Many colleagues were unaware of the wellbeing support available from the Library and it was great to gain several new reading group members. Librarian Caroline, KLS Lead Stephen and myself really enjoyed working with the Health and Wellbeing Team at these events. I was also able to join James and wellbeing ambassador Winnie for a walkabout at CERU. Thank you James for your support and thanks also to Kathy Wagstaff at CERU and Vicki Stanton at GEH.

Information Screen take-over at GETEC, GEH

Quality health information, trusted sources

Reducing accidents

Child Accident Prevention Trust
Safety advice and tips to help prevent accidents in the home, car, playground and road:

<https://capt.org.uk/pages/category/safety-advice-injury-types/>



Senior Library Assistant Bev created 2 Health Information Week themed PowerPoint video presentations to be played on a loop on the large screen within GETEC.

We started the week with a video to introduce health literacy to colleagues and ended the week signposting trusted sources of information for children's health.



Health Literacy and our community

Visit the free geodata tool to view the health literacy of the population in our area

<http://healthliteracy.geodata.uk/>



Social media & working with Warwickshire Libraries

As in previous Health Information Weeks we were busy on social media. Senior Library Assistant Zoe created daily posts related to each of the daily themes of the week aimed at both colleagues and the public plus posting about our events.

We saw a higher level of engagement with posts this year, particularly on Twitter/X.



Tweets

Clinical Librarian Lisa Mason and I also collaborated with Warwickshire Libraries to write a blog post published on both our websites - **[Health Information Week – spotlight on Children’s Health](#)** .

This enabled us to and promote trustworthy websites about children's health, mental health and safety as well as promote collections and summer activities available at local public libraries.

Even though HIW is now long gone we've been busy evaluating the week with the aim of improving activities for next year, especially as the week may be brought forward to April. Please get in touch with me if you'd like more information about **#HIW2023**, visit the **[Health Information Week website](#)**, or if your team would like to collaborate on an event aimed at patients during HIW next year.

Rayanne Byatt, Clinical Librarian SWFT
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Plant Stall



Tues the 25th July saw the Library's bring and buy plant stall. We had our stall in the upper foyer of GETEC. Bunting's courtesy of Lisa our Clinical Librarian adorned the stand, railings and wall. Some laminated pictures of plants finished off the display. Centre stage of course were the plants themselves.



Deb our Librarian's idea of using the library step ladder was a great idea which showed off the plants brilliantly.

We were amazed at the response we got as everyone descended on the stall. Soon lots of people were buying the plants and seeds on offer.

A local couple came and donated money plants, some were huge and some small ones. These went like hot cakes. They came over three times to give them to the stall.

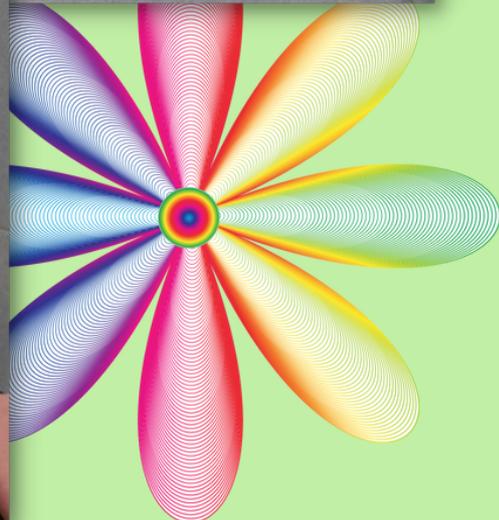
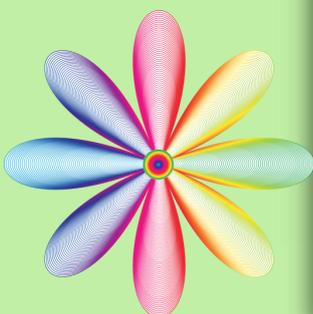
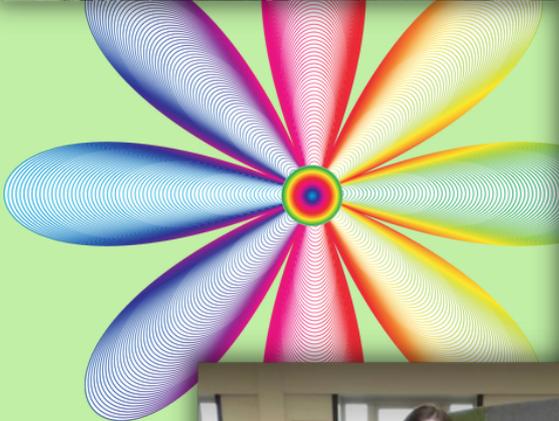
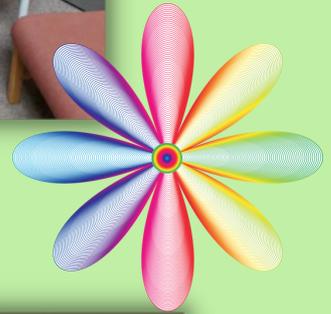
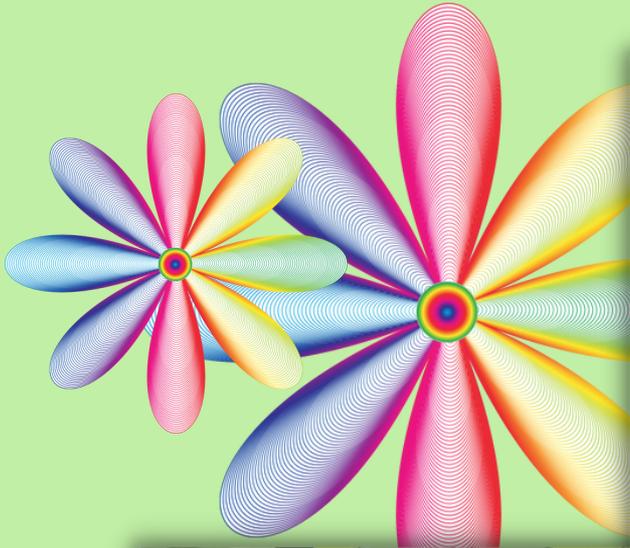
We would like to thank everyone who bought and donated plants and seeds.
In the end we raised £117 for the gardens at the GEH.



GEH Kindness book giveaway

The Wellbeing Reading Team at George Eliot were thrilled to receive some books from a publisher, and decided the time was right for a kindness giveaway. We asked our fantastic colleagues at GEH to nominate a member of staff who had shown them kindness, and the names were entered into a draw to win one of 8 copies of *Tomorrow, Tomorrow, Tomorrow* by Gabrielle Zevin.







BMJ Case Reports Fellowship

Are you a clinician, researcher, or trainee with an interesting medical case report you want to share with the healthcare community? Submit your case study manuscript to BMJ Case Reports, an authoritative international journal from the BMJ Group. Knowledge and Library Services have institutional fellowships for both GEH and SWFT. Please email library@geh.nhs.uk or library@swft.nhs.uk for the codes.

BMJ Case Reports offers numerous benefits for authors:

Fast Publication - Cases are published promptly online soon after acceptance (42-day median). You'll benefit from early dissemination and citation of your work.

High Visibility - Your report will be hosted on one of the most visited medical journal websites, helping maximize views and impact for your work (Total content views: 3.64 million).

Global Reach - BMJ Case Reports is indexed around the world, allowing your case to be read by an extensive international audience.

Input from Specialists - Your case will undergo rigorous peer review by a relevant subject expert to ensure accuracy and clinical value (38% acceptance rate).

CPD Accreditation - Publishing provides a valuable opportunity for continuing professional development.

Opportunity to Inform - Share your experience managing challenging cases to help influence diagnostic and treatment approaches.

The editorial team offers helpful author resources and editorial guidance throughout the submission process. BMJ Case Reports accepts submissions in over 35 medical disciplines - your unique case qualifies if it provides significant new learning that will change clinical practice and shift patient care paradigms.

Contact the KLS team today to get our code. More information at <https://casereports.bmj.com/pages/authors/>



Unwind: A New Look for Our Fiction Area

We are excited to announce that we have revamped our fiction area, formerly known as 'Time Out', to make it more inviting, accessible and enjoyable for our readers. We have renamed it '**Unwind**', because we believe that reading fiction is a great way to relax, escape and recharge your mind.

What's new in Unwind?

- **New signage:** We have replaced the old labels with colourful and clear signs that indicate the genre of each fiction section. Whether you are looking for relationships, thrillers, fantasy, sci-fi, historical, or anything in between, you can easily find your way around **Unwind**.
- **New layout:** We have rearranged the shelves and furniture to create more space and comfort for browsing and reading. You can also enjoy the natural light and the view of the foyer from the large windows.
- We have also created a **display area** for featured collections, where we showcase new arrivals, staff picks, bestsellers, award winners, and themed selections. You can discover new authors, genres and titles every month.

Why read fiction?

Reading fiction is not only fun, but also beneficial for your mental health and well-being. Here are some of the benefits of reading fiction:

- **It stimulates your imagination and creativity**
- **It enhances your empathy and understanding of others**
- **It improves your vocabulary and language skills**
- **It reduces your stress and anxiety levels**
- **It boosts your memory and concentration**
- **It enriches your knowledge and perspective of the world**



How to get started?

If you are new to **Unwind**, or if you need some guidance on choosing a book, you can ask our friendly and knowledgeable staff for recommendations. You can also check out our online catalogue, where you can search by author, title, or keyword. You can also reserve books online and pick them up at the library.

Link to our catalogue: bit.ly/HeLM

We hope you enjoy Unwind as much as we do. Come and visit us soon and let us know what you think. Happy reading!



Fiction Short Stories
HOBBIES
BAME Biographies