

# *Read all about it*

NEWSLETTER OF GEH AND SWFT KNOWLEDGE AND LIBRARY SERVICES



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## Welcome..

...to the Summer edition of the GEH and SWFT Library newsletter.

We hope everyone has had a good summer and managed to stay cool and well during the heatwave. In our joint bumper newsletter there is news from the GEH library and our colleagues at Warwick. This edition welcomes our new Librarian at Warwick - Caroline Stephen.

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## Our new Librarian - Caroline Stephen

Hi, I'm Caroline and I'm the new Librarian at the Education Centre Library at SWFT. I have a Masters in Library Science, and have worked in the information sector for over twenty years, in public, accountancy, and academic libraries. I moved from London to Leamington Spa three years ago.

I enjoy meeting people and answering queries, so I'm looking forward to meeting you all, and helping with any questions you might have – from how to search for an article, to where you can find a particular book title (and reserve it if it isn't currently in stock), to carrying out your library induction if you aren't sure what we have, where to find us, or how to look. If you have any suggestions for books that you think we should have but don't (or books we do have but you think we shouldn't) just let me know.

When not at work, you can find me curled up somewhere with a Ben Aaronovitch book or Ngaio Marsh novel – or pretty much any other fiction really - and a bubble tea, or maybe hot chocolate.

If you want to ask me anything, I can usually be found in the Library, or the Library Office (just opposite our lovely new Study Space).



# Betterworld Books

When our books are a certain age sometimes they need replacing with a newer edition. We send these books to Betterworld Books, who are an online book shop which has raised millions of pounds for literacy and libraries.

They also save books from going to landfills by recycling ones they cannot sell.

To visit their shop yourselves go to

[https://www.betterworldbooks.com/?utm\\_source=about&utm\\_campaign=footer](https://www.betterworldbooks.com/?utm_source=about&utm_campaign=footer)

## Recycled or Re-used Books



FOR A GREENER **NHS**



Total Books

Books (lbs)

Trees

Water (g)

Green-house Gases (lbs)

Landfill Space (CUYD)

Electricity (KWH)

Library	4,596	6,290	73	35,702	9,744	9	15,052
Recycled	3,353	4,589	53	19,476	7,050	7	10,890
Reused	1,243	1,701	20	16,226	2,694	2	4,162
Total	4,596	6,290	73	35,702	9,744	9	15,052



**Re-used books** - This category is made up of the sum of books sold and donated. The re-use of these books is considered waste prevention. Reducing the volume of waste we create results in limiting the environmental impact of disposal or recycling.

**Recycled books** - Books the library deems unsaleable and not appropriate for donation to participating literacy partners. Recycling books is termed waste reduction. Our recyclers report that the efficiency of recycling a book yields 97% of that book as usable fibre.



# A Greener NHS

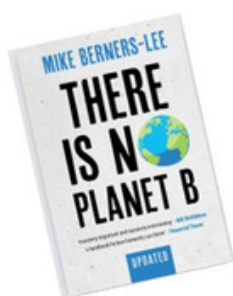
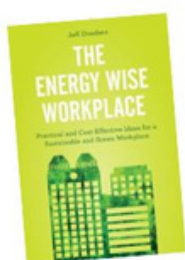
In October 2020, the NHS was proud to announce as becoming the world's first health service to commit to reaching carbon net zero. Across the country different organisations are making the effort to be greener; reducing unnecessary cannulas, reducing single use plastic, day treatment areas and pharmacies using peddle power to beat the congested traffic and installing solar power. These are just a few of things that is happening now.

We can all do our bit for a greener NHS and life in general. The Trust supported a plastic free July, encouraging people to choose to refuse plastic containers when shopping, opting for their own reusable drink containers instead of the single use ones in coffee houses.

To read more go to <https://www.england.nhs.uk/greenernhs>



Health Education England



## Sustainability Collection

A collection of e-books on Sustainability has been made available to all NHS staff and learners in England.

To get free access to these titles and all other NHS-funded content online go to <http://www.library.nhs.uk/knowledgehub> /scan QR code and log in with your NHS Open Athens account.

Click here for info: <https://library.hee.nhs.uk/resources/content-and-usage/ebooks/sustainability-ebooks>



# Annual Report

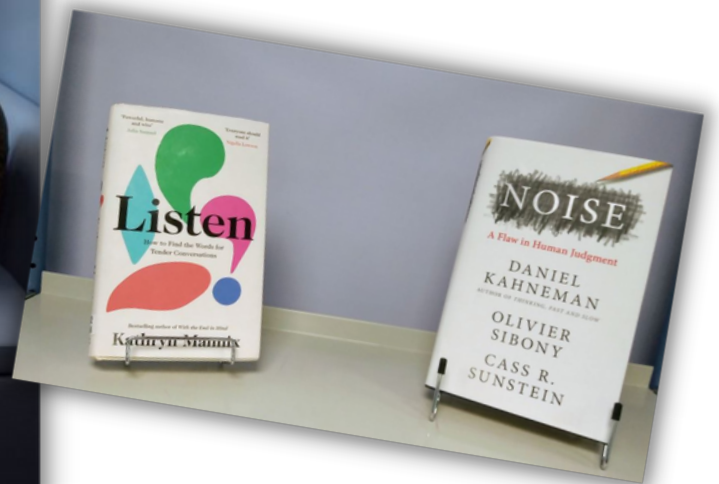
Our annual report has been published! What another amazing year for the library, surviving and thriving despite the difficult year we've all had. Thank you to all our brilliant users.



# News from Warwick

We are pleased to announce the arrival of our pod. It's great to have it, and people are making good use of it. We're also grateful to have some brilliant new additions to our wellbeing/leisure collection.

The library is still very much a work in progress as we get rid of the old books and work out how we'll be making the most of the space going forward.



# Health Information Week 2022



Health Information Week (HIW) (4-11 July) always features prominently in the GEH/SWFT Knowledge and Library Services calendar. As in previous years we used social media and displays to promote Health Information Week (#HIW2022) and its themes to colleagues, service users and the wider community. After 2 years of Covid-19 restrictions we were also delighted to attend events in local Warwickshire Libraries and community sites.

For our Trust colleagues we were able to promote a new collection of books launched specially for Health Information Week called [Your Health Collection](#). Brought together by Health Education England (NHS) and The Reading Agency the collection is designed to support users of NHS libraries to understand and manage their health. 10 books are available to borrow from both our libraries and there's also a list of 30 online resources were chosen by those working in healthcare and other sectors. Click [here](#) to find out more or contact your library if you'd like to borrow any of the books.





*Our Library Tree at William Harvey Library*



## **GEH SWFT KLS HIW Leaflets**

Using CANVA and HIW resources we produced 2 in-house A5 leaflets to display in our libraries, education centres and at events:



·Where to find reliable, up-to-date, quality information about your health condition, symptoms or local services (which listed 3 key national websites)



*Inspiring Better Health*

**FIND RELIABLE, UP-TO-DATE,  
QUALITY INFORMATION  
ABOUT YOUR  
HEALTH CONDITION,  
SYMPTOMS,  
OR LOCAL SERVICES**

It's not always easy to tell if the health information you find is up-to-date or written by an expert.

Over the page are **3 key web sites** where you can be sure of finding reliable, quality information.

**HEALTH IS IMPORTANT!**



**NHS-** [www.nhs.uk](http://www.nhs.uk)

Information on health conditions, treatment, local services, healthy living and support for carers

**PATIENT-** [www.patient.co.uk](http://www.patient.co.uk)

High quality information on health conditions written by health professionals for patients. Also includes videos, links to charities, forums and information about medicines.

**HEALTH INFORMATION WEEK 2022-**  
<https://healthinfoweek.wixsite.com/healthinfoweek/public-information>

Links to high quality health information and advice on how to make sure you can trust the information you're reading or viewing



- Health Information in languages other than English (to reflect the Translated Health Information theme)



Health Information Week  
*Inspiring Better Health*

## HEALTH INFORMATION IN OTHER LANGUAGES

Did you know you can now find reliable and up-to-date health information that has been translated into languages other than English?



Over the page we've listed **key web sites** to help you find information to support relatives, friends and patients.

**HEALTH IS IMPORTANT!**



**World Health Organization**  
<https://www.who.int/health-topics>  
The World Health Organization has information on health in Chinese, French, Spanish, Russian and Arabic

**Macmillan Cancer Support**  
<https://www.macmillan.org.uk/cancer-information-and-support/get-help/in-your-language>  
Translated information on the most common cancers. It also offers an interpreter service on its support line.

**Unicef Baby Friendly Initiative**  
<https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/foreign-language-resources/>  
Translated information sheets for new parents

**The Royal College of Psychiatrists**  
<https://www.rcpsych.ac.uk/mental-health/translations>  
Translated versions of its patient-friendly mental health information

Find more translated health information resources on the HEALTH INFORMATION WEEK 2022 website:  
<https://healthinfoweek.wixsite.com/healthinfoweek>

## Out and about at last!

We held information stands at Nuneaton and Leamington Libraries where we joined other local agencies, and charities.

It was lovely to be able to talk to members of the public about HIW and health literacy and pass on our GEH/SWFT produced HIW leaflets:

- Where to find reliable, up-to-date, quality information about your health condition, symptoms or local services
- Health Information in languages other than English



*Stephen and Rayanne*

On Thursday 8th July Rayanne and librarian Caroline (on just her 4th day in post!) visited Stratford Healthcare Centre where we had a joint information stand with colleague Deborah Smith of SWFT Macmillan Cancer Information Service. We spoke to patients and colleagues about HIW.

Many thanks to Karen Parker, Hospital Manager and Wellbeing Lead for hosting us, to Deborah for your help and to all those we met.





*Caroline with Deborah Smith of Macmillan Cancer Information Service at Stratford Healthcare Centre*

Back on site our (not quite so new) Librarian at GEH Deb, produced a simple but effective short video to promote HIW. Created using PowerPoint the video was played on a continuous loop throughout HIW on the screen within the Education Centre (GETEC) at George Eliot Hospital. It was the first time our KLS had “taken over” the screen and hopefully we will be able to use it again to promote other library resources and services.

As you would expect we also used social media to promote HIW throughout the week. As ever the week flew by. We’ve been evaluating this year’s activities and already starting to think about what we can do to promote Health Literacy throughout the year in addition to during HIW.

